

MEALS FOR THE MONTH							
December							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11/27 - 12/3	spaghetti squash and meatballs	chicken noodle soup	wedding soup	left overs	grean beans, rice, and butter chicken	chili	left overs
12/4 - 12/10	sloppy joe on sweet potato with veggies and dip	omletes with toast and fruit	white chicken chili	left overs	pizza night and salad	korean beef bowls	tacos with blackbeans, peppers and onions
12/11 - 12/17	turkey meatloaf, sweet potatoes, and green beans	wedding soup	spaghetti squash, bacon, and parm	left overs	healthy general tso's and rice	homemade pho	tomato soup and salads
12/18 - 12/24	huevos rancheros	tacos	buffalo mac and cheese	left overs	left overs	out of town	out of town